

# ASSET BUILDING IDEAS

ASSET	SUGGESTIONS FOR IDEAS	IDEA FOR YOUR CHILD
Family Support	<ol style="list-style-type: none"> <li>1. Give more hugs and verbal reinforcement.</li> <li>2. Eat at least one meal together each day.</li> </ol>	
Positive Family Communication	<ol style="list-style-type: none"> <li>1. When your child talks, really listen.</li> <li>2. Ask your child every day what they are doing or thinking.</li> </ol>	
Safety	<ol style="list-style-type: none"> <li>1. Set clear family ground rules about maintaining physical and emotional safety within the family.</li> <li>2. Talk to your child about what to do if they feel unsafe in the park or anywhere they go.</li> </ol>	
Adult Role Models	<ol style="list-style-type: none"> <li>1. Always remember that you are your child's most important role model.</li> <li>2. Talk to your children about adults they know and who are positive role models.</li> </ol>	
Constructive Use of Time at Home	<ol style="list-style-type: none"> <li>1. Make time at home fun for everyone. Play favorite games, read or take walks.</li> <li>2. Limit the time your child spends watching TV or playing electronic games.</li> </ol>	
Engagement in Learning & Early Literacy	<ol style="list-style-type: none"> <li>1. Learn together with your child -- go somewhere new and explore.</li> <li>2. Encourage motivation from "the inside out" -- tap into your child's passions and interests.</li> </ol>	
Integrity & Honesty	<ol style="list-style-type: none"> <li>1. Model integrity in your daily life -- talk openly about what you believe and value.</li> <li>2. Catch your child being honest. Give your child the opportunity to be honest.</li> </ol>	
Self-Regulation	<ol style="list-style-type: none"> <li>1. Be clear about boundaries, values and reasons.</li> <li>2. Compliment your children when they show self-control.</li> </ol>	
Cultural Awareness and Sensitivity	<ol style="list-style-type: none"> <li>1. Teach your children about their heritage and encourage them to feel proud about their culture and identity without feeling superior.</li> <li>2. Go to events that celebrate different cultures and religions - talk to your child about them.</li> </ol>	
Self-Esteem	<ol style="list-style-type: none"> <li>1. Express your love for your child regularly and often.</li> <li>2. Celebrate your child's uniqueness; find something special to value and affirm it.</li> </ol>	

# GENISIS'S ASSETS

